

Dear Patient,

Your recent blood tests show that your kidney function (eGFR) is reduced and falls into the range of chronic kidney disease (CKD). We understand this name is worrying, but for the most people, having chronic kidney disease is like having high blood pressure or cholesterol. It is not something that will make you feel unwell.

Various conditions can cause chronic kidney disease. Severity can vary but most cases are mild or moderate. Chronic kidney disease tends to become worse gradually over months or years, and you will need monitoring, similar to blood pressure and cholesterol. The following links have more info:

- 1: <https://www.nhs.uk/conditions/kidney-disease/>
- 2: <https://www.kidney.org.uk/chronic-kidney-disease>

If you would like to discuss this further, then please get in touch.

Regards

*The Clinical Team*